



***“I NEVER  
THOUGHT  
SMOKING  
WOULD DO  
THIS.”***

Roosevelt, age 51  
Suffered a heart attack at age 45  
Virginia

**You can quit.  
Talk with your doctor for help.**



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention  
[www.cdc.gov/tips](http://www.cdc.gov/tips)  
#CDCTips



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